



REUSE

Every time we choose to reuse, we're cutting down on waste, preserving precious resources, saving money and having a positive impact on our environment.

Choose to reuse

Keeping items in use is one of the simplest things we can all do. Old envelopes as shopping lists, inner cereal packets as freezer bags & jiffy bags as, well, jiffy bags - there's so much that can be reused instead of recycled!

Upcycling - Plastic bottles into bird feeders? Used herb jars into scented candles? Reclaim your rubbish with ideas from websites like Instructables, PillarBoxBlue & UpcycleThat.

Donating - check out the zero waste map on the Recycle for Buckinghamshire website, which shows all the charity & reuse shops across the area.



Reusables - today, there are all sorts of products that have been made to be reused. However, that reusable item (no matter how sustainable the material), needs to be used quite a few times to be truly more sustainable.

Reusable Nappies

Billions of disposable nappies are thrown away every year in the UK. The solution to reducing this waste is reusable nappies, which can save money over the long term too.

Buckinghamshire Council currently provides a cloth nappy scheme to help with the upfront cost. Go to www.recycleforbuckinghamshire.co.uk/nappyscheme to read more and apply. If you're not sure, you can always hire a set first from the South Bucks Sling and Nappy Library.



Sustainable Periods



Each year in the UK, millions of disposable menstrual products are used, often containing large amounts of plastic and costing people thousands of pounds over their lifetime.

Buckinghamshire Council currently helps people buy reusable alternatives by providing a £10 voucher to spend on sustainable period products from selected companies (see website below).

Find out more about the above schemes and reducing waste at www.recycleforbuckinghamshire.co.uk/wastebusters







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